



Quarantine Order (QO) vs Leave of Absence (LOA)

The Quarantine Order (QO) and Leave of Absence (LOA) aim to limit the transmission of the 2019 Novel Coronavirus

Individuals under QO or LOA in Singapore are generally well
The risk of infection through transient contact is low

Quarantine Order



Leave of Absence



WHAT IS THE DIFFERENCE?

- Directive under Infectious Diseases Act, with legal force and severe penalties
- To be isolated either at home or at Government Quarantine Facilities

- Precautionary measure to prevent possible spread of infections

WHO DOES IT APPLY TO?

- Recent travellers from Hubei assessed to be at higher risk
- Singapore Citizens, PRs, long-term pass holders who returned to Singapore from Hubei in the last 14 days
- Carriers, suspected carriers or close contacts of confirmed cases

- Singapore Citizens, PRs and long-term pass holders who travelled to mainland China in the last 14 days

WHAT YOU CAN DO

- Monitor your temperature; report your health status at least three times a day
- Inform the QO Agent if you feel unwell or need help

- Stay home; monitor your health and practise good personal hygiene
- See a doctor promptly if you are sick
- Minimise visitors to your home; keep a record of people you come into contact with
- Minimise your time in public places and contact with people

WHAT YOU CAN'T DO

- Don't leave quarantine site for any reason
- Don't come into contact with others

- Don't go to crowded places or attend social gatherings

PRACTISE GOOD PERSONAL HYGIENE

Information is accurate as at 4 Feb 2020

Check www.moh.gov.sg for the latest on the 2019 Novel Coronavirus



2019 NOVEL CORONAVIRUS

PRACTISE GOOD PERSONAL HYGIENE

WASH
your hands
regularly with
soap and water.



AVOID
touching
your face with
your hands.

8 STEPS TO CLEAN YOUR HANDS



Palm to palm



Between fingers



Back of hands



Base of thumbs



Back of fingers



Fingernails



Wrists



Rinse and wipe dry

DO NOT WEAR A MASK IF YOU ARE WELL

There are sufficient masks in the government's stockpiles, if used responsibly.

WEAR A MASK ONLY IF

- You have a **FEVER, COUGH OR RUNNY NOSE**
- You are **RECOVERING FROM ILLNESS**



Stay home and
AVOID
social gatherings
if you are sick.



Get the latest on the novel coronavirus and other important Government information by signing up for the Gov.sg WhatsApp channel (www.go.gov.sg/whatsapp), or at the MOH website (www.moh.gov.sg)



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