

# COVID-19 (Coronavirus Disease 2019)

If you have **mild flu-like symptoms** like



Cough



Runny nose



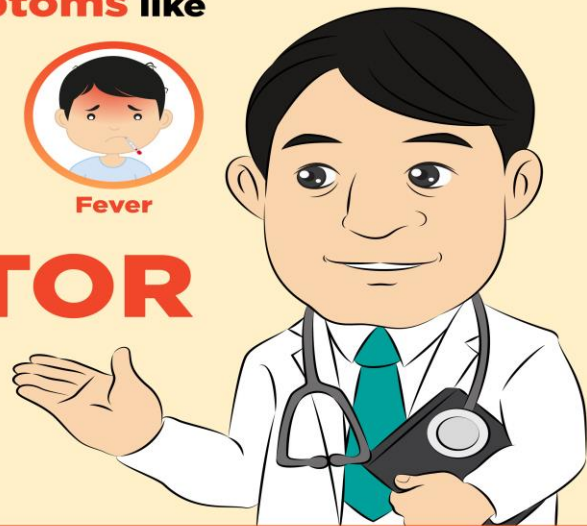
Sore throat



Fever

## SEE A DOCTOR

- Don't go to work or school
- Avoid crowds
- Stay at home
- Don't doctor-hop



Look out for this logo

You can go to  
Public Health Preparedness Clinics  
and polyclinics for subsidised treatments  
if you have flu-like symptoms.

Check [www.phpc.gov.sg](http://www.phpc.gov.sg)



## LET'S ALL DO OUR PART



Wash your  
hands frequently  
with soap



Monitor your  
temperature  
twice daily



**AVOID**  
touching your face  
with your hands



Comply with  
**Home Quarantine Orders**  
and **Stay-Home Notices**  
and stay at your  
designated locations



### Do not spread rumours.

Get the latest updates on COVID-19  
by signing up for the Gov.sg WhatsApp  
channel ([www.go.gov.sg/whatsapp](http://www.go.gov.sg/whatsapp))  
or at the MOH website ([www.moh.gov.sg](http://www.moh.gov.sg))

