

National WSH Campaign 2020: Professional Talk

Preventing Cardiovascular Diseases at the Workplace

Date: 3 March 2021, Wednesday

Time: 11.00am to 12.00noon

Mode: Conducted online through Microsoft Teams

Speaker: Asst Professor Yeo Tee Joo

Director and Consultant, National University Heart Centre Singapore

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Dear Employer

We would like to invite you to join us for our Professional Talk on Preventing Cardiovascular Diseases at the Workplace.

The key to running a successful workplace or business is keeping your employees healthy, happy and safe through healthy lifestyles and managing their health conditions.

Did you know that heart disease is the number one killer in the world, and affects more than 15,000 people in Singapore every year? Find out more about heart disease, what conditions can contribute to heart disease and how to manage or even prevent it!

Join our speaker, Asst Professor Yeo Tee Joo, as he shares tips on how employers can help their employees prevent cardiovascular diseases at the workplace.



About the Speaker



Assistant Professor Yeo Tee Joo is a Consultant with the Department of Cardiology at the National University Heart Centre, Singapore and Director of its Cardiac Rehabilitation unit.

He has completed fellowships in Cardiovascular Prevention and Rehabilitation at the Toronto Rehabilitation Institute and Sports Cardiology at St George's University of London, and obtained a Master of Clinical Investigation from the National University of Singapore.

Dr Yeo works closely with the Singapore Cardiac Society and the Singapore Heart Foundation (SHF), and represents SHF on the International Council of Cardiovascular Prevention and Rehabilitation (ICCP). He is also a member of the World Health Organisation (WHO) Ischaemic Heart Disease Rehabilitation 2030 Development Group. Dr Yeo hopes to improve the uptake of cardiac rehabilitation in Singapore and the region.

Return to Work Programme

The Return to Work (RTW) Programme is a clinical service offered at seven public hospitals, in collaboration with the Workplace Safety and Health Council. The RTW programme provides early intervention and personalised case management services through a hospital RTW Coordinator, to help workers who had suffered work injuries or medical conditions (e.g. strokes, heart attacks, respiratory diseases, diabetes) to rehabilitate and return to their work.

Please click [here](#) to register for the Professional Talk before 1 March 2021.



www.wshc.sg

For more information about the RTW Programme, visit www.wshc.sg/returntowork